ARBOURS

OUTLINE OF PSYCHOTHERAPY TRAINING

ASSOCIATES PROGRAMME

1 YEAR

INTRODUCTION TO KEY PSYCHOANALYTIC AND PSYCHOSOCIAL CONCEPTS AND CLINICAL PRACTICE

3 x 10 week terms
evenings per term

10 x Mondays
Theory Seminars
+ Experiential Group

4 x Tuesdays
Workshops

6 x Thursdays
Clinical Seminars

TRAINING PROGRAMME

4-5 YEARS

PROFESSIONAL TRAINING IN THEORY AND PRACTICE OF PSYCHOANALYTIC PSYCHOTHERAPY AND ITS APPLICATION IN PRIVATE AND COMMUNITY SETTINGS

3 x 12 week terms
evenings per term

12 x Mondays
Theory Seminars

5 x Tuesdays
Workshops

10 x Thursdays
Theory Seminars
+ Clinical Seminars

CLINICAL PLACEMENT
THERAPEUTIC COMMUNITY
8 – 12 months

CLINICAL PLACEMENT
CRISIS CENTRE
6 - 9 months

PSYCHOTHERAPY TRAINING CASES
2 INDIVIDUALS
12 months + 6 months

PAPER

PAPER

PAPER
QUALIFICATION

Personal Psychoanalytic Psychotherapy (min. 1 x week)

Personal Psychoanalytic Psychotherapy (min. 3 x week)